



ST. ROSE TRACK TEAM PRACTICE SCHEDULE

MARCH 30 - APRIL 21, 2025





MARCH 30	MARCH 31	APRIL 1	APRIL 2	APRIL 3	APRIL 4	APRIL 5
NO PRACTICE	AUDUBON H.S. EVERYONE	AUDUBON H.S. BOYS ONLY	AUDUBON H.S. EVERYBODY	HADDON HEIGHTS H.S. GIRLS ONLY	AUDUBON H.S. EVERYONE	2ND MEET Christ the King
PENN RELAYS QUALIFYING MEET	6:00 - 7:15	6:00 - 7:15	6:00 - 7:15	6:00-7:15	6:00 - 7:15	Resurrection
12:00 CHECK-IN/1:30 START PAUL VI H.S.		BOYS PR TEAM 6:00-7:30	BOYS & GIRLS PR TEAMS 6:00-7:30		GIRLS PR TEAM 6:00-7:30	8:15 AM CHECK-IN/ 9:00 AM START
						Haddon Heights H.S.
APRIL 6	APRIL 7	APRIL 8	APRIL 9	APRIL 10	APRIL 11	APRIL 12
NO PRACTICE	AUDUBON H.S.	AUDUBON H.S.	AUDUBON H.S.	HADDON HEIGHTS H.S.	AUDUBON H.S.	3RD MEET
	EVERYONE	BOYS ONLY	GIRLS ONLY	GIRLS ONLY	EVERYONE	St. John Paul II
	6:00 - 7:15	6:00 - 7:15	6:00 - 7:15	6:00-7:15	6:00 - 7:15	St. Joan of Arc
						Resurrection
		BOYS PR	BOYS & GIRLS PR		GIRLS PR	8:15 AM CHECK-IN/
		TEAM 6:00-7:30	TEAMS 6:00-7:30		TEAM 6:00-7:30	9:00 AM START
APRIL 13	APRIL 14	APRIL 15	APRIL 16	APRIL 17	APRIL 18	Sterling H.S. APRIL 19
		AUDUBON H.S.				
NO PRACTICE	AUDUBON H.S. EVERYONE	BOYS ONLY	AUDUBON H.S. GIRLS ONLY	NO PRACTICE HOLY THURSDAY	NO PRACTICE GOOD FRIDAY	<u>NO PRACTICE</u> HOLY SATURDAY
	6:00 - 7:15	6:00 - 7:15	6:00 - 7:15	HOLY THURSDAY	GOOD FRIDAY	HOLY SATURDAY
	GIRLS PR	BOYS PR	BOYS & GIRLS PR	PRACTICE ON YOUR OW	 N OR WITH A FRIEN	D - DO SOME RUNNING!!!
	TEAM 6:00-7:30	TEAM 6:00-7:30	TEAMS 6:00-7:30	Thaterioz on rock ow		
1						
APRIL 20	APRIL 21			•		
NO PRACTICE	AUDUBON H.S.	** PENN RELAYS TEAMS - PLEASE NOTE PRACTICE TIMES & LOCATIONS & THE				
<u>ALLELuia!</u>	EVERYONE	FOLLOWING UPCOMING DATES - APRIL 21-23 PRACTICE FOR BOTH BOYS & GIRLS, APRIL				
HAPPY EASTER	6:00 - 7:15	22 - PENN RELAYS PASTA DINNER AFTER PRACTICE (LET ME KNOW IF YOU CAN HOST)				
	BOYS & GIRLS PR	EVERYONE, PLEASE NOTE LOCATIONS ON APRIL 1, 8 &15! ALSO, WE <u>WILL</u> BE HAVING				
	TEAMS 6:00-7:30	PRACTICE OVER SPRING BREAK SINCE WE HAVE A MEET ON APRIL 26TH!				

PARENTS AND CHILDREN:

NOTE THE PRACTICE LOCATIONS AND TIMES - We will be at AUDUBON H.S. MONDAYS, WEDNESDAYS & FRIDAYS & HHHS TUESDAYS AND THURSDAYS WITH SOME EXCEPTIONS. We need your HELP at practices!! Don't forget ALL PRACTICES are "WEATHER PERMITTING"!

DO NOT LEAVE YOUR CHILDREN UNTIL I ARRIVE FOR PRACTICE. Children should wait for me outside the fence on 2nd Avenue side at HHHS and outside the track at Audubon HS - DO NOT GO ON THE TRACK!