



**ST. ROSE TRACK TEAM  
PRACTICE SCHEDULE  
MAY 4 - JUNE 10, 2025**



SUN MAY 4	MON MAY 5	TUE MAY 6	WED MAY 7	THU MAY 8	FRI MAY 9	SAT MAY 10
<u>NO PRACTICE</u>	AUDUBON H.S. EVERYONE 6:00 - 7:30	AUDUBON H.S. BOYS ONLY 6:00 - 7:30	HADDON HTS. H.S. GIRLS ONLY 6:00 - 7:30	HADDON HTS. H.S. EVERYONE 6:00 - 7:30	AUDUBON H.S. EVERYONE 6:00 - 7:30	6TH MEET Christ the King Resurrection Haddon Heights H.S. 8:15 AM CHECK-IN/9:00 AM START
	For those in the play, I will look at what you've done throughout the season since you will not be able to attend practice and do runoffs, throwoffs or jumpoffs!				CHAMPIONSHIP TEAM ANNOUNCED!	
	THIS WEEK - CHAMPIONSHIP TEAM RUNOFFS, THROWOFFS AND JUMPOFFS (WHERE NECESSARY)					*8th Graders & Parents Appreciation *
IMPORTANT-Practices will be until 7:30 this week & next week (May 5-16) so that we can get in all that we need to get done to be ready for the Championship Meet on May 18. Only 2 children can be in each event in each age group, so a Championship Team will be selected & announced on Thursday, May 8.						
MAY 11	MAY 12	MAY 13	MAY 14	MAY 15	MAY 16	MAY 17
<u>NO PRACTICE</u> Happy Mother's Day to all the MOMS!!! 	ALL CHAMPIONSHIP TEAM MEMBERS	ALL CHAMPIONSHIP TEAM MEMBERS	ALL CHAMPIONSHIP TEAM MEMBERS	ALL CHAMPIONSHIP TEAM MEMBERS	ALL CHAMPIONSHIP TEAM MEMBERS	have some carbs tonight & go to bed early so you'll be ready for our BIG MEET TOMORROW!!!
<<<< ----- AUDUBON H.S. 6:00 - 7:30 ----- >>>>						
IF YOU MAKE THE CHAMPIONSHIP TEAM, YOU MUST ATTEND SOME PART OF EVERY PRACTICE THIS WEEK!						
MAY 18	MAY 19	MAY 20	MAY 21			
CHAMPIONSHIP MEET  Christ the King Resurrection St. Joan of Arc St. John Paul II 7:45 CHECK-IN 8:30 START PAUL VI HIGH SCHOOL 	RAINDATE FOR CHAMPIONSHIP  MEET! 	* MEET OF * * CHAMPIONS *  PAUL VI HIGH SCHOOL 4:30 CHECK-IN FOR FIELD EVENTS 5:15 CHECK-IN FOR RUNNING EVENTS	RAINDATE FOR MEET OF CHAMPS 	IT HAS BEEN A WONDERFUL TRACK SEASON. I HOPE YOU HAD AS MUCH FUN AS WE DID!!		
	TUESDAY, JUNE 10, 2025 - 6:00 PM TRACK TEAM NIGHT - ST. ROSE CAFETERIA					

WE WILL BE ANNOUNCING THE CHAMPIONSHIP TEAM ON THURSDAY, MAY 8TH AT THE END OF PRACTICE. IF YOU MAKE THE CHAMPIONSHIP TEAM, **YOU MUST ATTEND SOME PART OF PRACTICE EVERY DAY DURING THE WEEK OF MAY 12-16** in order to be prepared for the Championship Meet. **THIS IS THE ONLY TIME I ASK YOU NOT TO MISS ANY PRACTICES.** Please notify your other coaches from your other activities & explain the situation to them **NOW**. They should be as UNDERSTANDING as I've been **ALL SEASON**.

If you CANNOT make this **COMMITMENT TO THE TEAM OR HAVE CONFLICTS/QUESTIONS. PLEASE LET ME KNOW IMMEDIATELY (856.547.3247)**, so we can try to figure something out or so I can plan accordingly and put someone else on the Championship Team and/or in your event.

\*\*\* IMPORTANT NOTES FOR PARENTS AND CHILDREN \*\*\*

**MEET OF CHAMPIONS:**

**TUESDAY, MAY 20, 2025**

1ST, 2ND & 3RD PLACE FINISHERS FROM ALL EVENTS AT THE CHAMPION MEET COMPETE AGAINST THE 1ST, 2ND & 3RD PLACE FINISHERS FROM DIVISION B!!

**TRACK TEAM NIGHT:**

**TUESDAY, JUNE 10 - 6:00 PM - CAFETERIA**

ALL TRACK TEAM MEMBERS SHOULD ATTEND. TEAM MEMBERS FROM BOTH THE BOYS & GIRLS TRACK TEAMS WILL BE RECOGNIZED AT THIS EVENT, AS WELL AS SPECIAL RECOGNITION TO 8TH GRADE TEAM MEMBERS & AWARDS FOR SPECIAL ACHIEVEMENTS!!! CERTIFICATES WILL BE GIVEN TO ALL AND MEDALS & RIBBONS FROM THE CHAMPIONSHIP MEET WILL ALSO BE GIVEN OUT. ALL TEAM MEMBERS, SIBLINGS & PARENTS ARE INVITED!!!